



POOL ENTRY

\$5/person/day
Free for members
Includes access to pool, water classes, and lap swim

POOL SCHEDULE

See the back of this sheet for our current pool schedule!

OPEN SWIM

Every day, including weekends

LAP SWIM starting June 1

WATER AEROBICS

starting June 1

THE POOL IS CLOSED

for lunch from 12:00-1:00pm
Mon, Wed, Fri, Sat, & Sun

INDEPENDENCE DAY HOURS

July 3: 10:00-3:00pm
July 4: Closed

POOL PARTIES

Celebrate with us with a pool party! Increased booking times available in 2026. See back for details.

SPLASH INTO SUMMER

Grove City Pool • May 23–August 8, 2026

SWIM LESSONS AT THE POOL

We're bringing back skill-based swim lessons for ages 3-12 this year! This format encourages stroke development and endurance.

SWIM LESSONS FOR AGES 3-12

Morning classes offered 9:40-10:10am & 10:15-10:45am

Evening class offered 6:15-6:45pm in Session 1 only

Session 1: June 1-11, morning & evening classes

Session 2: June 15-25, morning classes only

Session 3: July 6-16, morning classes only
Cost: \$50/Member; \$70/Non-Member

PARENT-CHILD SWIM LESSONS FOR AGES 6-36 MONTHS

Parents are required to get in the water with their child.

Morning class offered 11:00-11:30am

Evening class offered 6:15-6:45pm

Session 3 only: July 6-16

Cost: \$40/Member; \$60/Non-Member

REGISTER in person at the Grand Lake Family YMCA



2026 POOL SCHEDULE

Grove City Pool • May 23 – August 8

LIMITED HOURS JULY 3: 10:00am–3:00pm • CLOSED JULY 4 for Independence Day

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
8:15am – 9:15am Starting June 1	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Closed	Closed
9:40am – 10:10am	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)		
10:15am – 10:45am	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)	Swim Lessons* (June 1–July 16)		Open for Pool Party Reservations Only
11:00am – 11:50am Starting June 1	Water Aerobics	Lap Swim Swim Lessons** (June 1–July 16)	Water Aerobics	Lap Swim Swim Lessons** (June 1–July 16)	Water Aerobics	
12:00pm – 1:00pm	Closed	Aqua Jogger (June 15–July 10)	Closed	Aqua Jogger (June 15–July 10)	Closed	Closed
1:00pm – 6:00pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
6:15pm – 7:00pm	Lap Swim Swim Lessons** (June 1–July 16)	Water Aerobics Swim Lessons** (June 1–July 16)	Lap Swim Swim Lessons** (June 1–July 16)	Water Aerobics Swim Lessons** (June 1–July 16)		
7:00pm – 9:00pm	Open for Pool Party Reservations Only	Open for Pool Party Reservations Only	Open for Pool Party Reservations Only	Open for Pool Party Reservations Only	Open for Pool Party Reservations Only	Open for Pool Party Reservations Only

POOL PARTIES Must be booked and paid in advance. Cost is \$400 for 2 hours for up to 50 people. (\$5/person for extra for additional people.) For booking information, contact Grand Lake Family YMCA.

SWIM LESSONS You must register in advance. For more info or to register for swim lessons, stop by Grand Lake Family YMCA.

POOL ENTRY: \$5/PERSON/DAY; FREE FOR MEMBERS
Includes access to pool, water classes, and lap swim



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



STRONG SWIMMERS CONFIDENT KIDS

Summer Swim Lessons at the Grove City Pool

Swim lessons at the Y focus on learning vital water safety skills and stroke development through a progressive swim lesson curriculum. We are proud to offer a skill-based swim lessons for a range of abilities.

Classes will be held at the **GROVE CITY POOL**
(801 E. 13th St., Grove, OK)

CLASS SCHEDULE

	Session 1: June 1–11	Session 2: June 15–25	Session 3: July 6–16
Parent-Child: Ages 6–36 months	--	--	T/Th, 11:00–11:30am or M/W, 6:15–6:45pm
Skill Based: Ages 3–5	Mon–Thurs 9:40–10:10am or 6:45–7:15pm	Mon–Thurs 9:40–10:10am	Mon–Thurs 9:40–10:10am
Skill Based: Ages 6–12	Mon–Thurs 10:15–10:45am or 6:45–7:15pm	Mon–Thurs 10:15–10:45am	Mon–Thurs 10:15–10:45am

PRICING

Parent-Child: \$40/Member; \$60/Non-Member

Skill-Based: \$50/Member; \$70/Non-Member

REGISTER in person at the GRAND LAKE FAMILY YMCA
821 E. 11th St. Grove, OK • 918-786-5774 • tristatefamilyymca.org

PARENT CHILD CLASS DESCRIPTION

AGES 6–36 Months

- Parents will accompany their child in the water to sing nursery rhymes and build water-confidence. We will practice blowing bubbles, kicking, gliding through the water, and getting heads and faces wet. Children will **not** learn safety swimming skills.

SKILL BASED CLASS DESCRIPTIONS

AGES 3–5 years

Pike (Beginner)

- No Swim Skills Necessary
- Skills Taught: Float 20 Seconds with aid. Paddle front, back, side 10 yards w/ aid, 2 yards without aid. Jump into shallow water with aid. Put face in water.

Eel (Intermediate)

- Prerequisite: Float 20 seconds w/ aid. Paddle front, back, and side 10 yards w/ aid. Jump into shallow water w/o aid.
- Skills Taught: Float 20 seconds with or without aid. Paddle front, back, & side 25 yards with aid, 5 yards without aid. Jump into shallow water. Put face in water.

Ray (Advanced)

- Prerequisite: Float 20 seconds with aid. Paddle front, back & side 25 yards with aid, 5 yards without.
- Skills Taught: Float 30 seconds without aid. Tread water 20–30 seconds with aid, front & back alternate & symmetrical paddle 25 yards with aid, 15 yards without aid. Rhythmic breathing.

AGES 6–12 years

Polliwog (Beginner)

- Prerequisite: Must be 6 years old, no swim skills necessary
- Skills Taught: Float 30 seconds, front, back, & side paddle 25 yards w/ aid, 10 yards w/o aid, face in water.

Minnow (Intermediate)

- Prerequisite: Float 30–60 seconds without aid. Tread water 20–30 seconds. Paddle front & back alternate & symmetrical paddle 25 yards.
- Skills Taught: Survival float. Tread water for 1 minute w/ scissor kick. Front & back crawl 25 yards without aid. Rudimentary breaststroke, elementary backstroke, and sidestroke 25 yards without aid.

Fish (Advanced)

- Prerequisite: 25 yards good form in front crawl with rotary breathing. Breaststroke, sidestroke, and elementary backstroke.
- Skills Taught: Survival Float. Tread water for 3 minutes. Front crawl, back crawl, elementary backstroke, sidestroke, and breaststroke 50 yards. Butterfly 25 yards.