



# ENSURING ACCESS. CREATING IMPACT.

## 2025 Impact Report

The Y is a place where children gain confidence, families build connection and neighbors find support. From youth development and healthy living to outreach and volunteer service, our impact reaches every corner of the community.

### • YOUTH DEVELOPMENT •

Every child deserves the opportunity to grow in confidence, character and ability. Through safe spaces, caring mentors and skill-building programs, young people in our community discovered their potential this year.



**115 CHILDREN** received safe, high-quality care through Afterschool and Summer Day Camp



**1,536 YOUTH ATHLETES**

built skills and core values in baseball, football, soccer, tumbling and basketball



**361 CHILDREN**

gained life-saving water skills through Safety Around Water, Show Me Water Safety and swim lessons



**59 CHILDREN** ages 2-5 prepared for kindergarten at our Preschool

### • HEALTHY LIVING •

Healthy communities start with access — to movement, to connection and to support. The Y continues to be a place where individuals of all ages strengthen their bodies, minds and sense of belonging.



**5,974 MEMBERS** improved their health in our facilities



**771 SENIORS**

accessed the Y through SilverSneakers and Renew Active



**78 MEMBERS** participated in fitness challenges



**28 WEEKLY FITNESS CLASSES** supported active lifestyles



**64 RUNNERS & WALKERS** raised **\$1,400** at the Sweetheart 5K

Active Older Adults programs **ENGAGED SENIORS** in social outings, potlucks and celebrations

### • SOCIAL RESPONSIBILITY •

When our community needs support, the Y shows up. Together, we create connection, extend compassion and ensure access for all.



**\$180,574 IN SCHOLARSHIPS** made programs accessible to families and seniors



**9,292 VOLUNTEER HOURS**

strengthened our mission



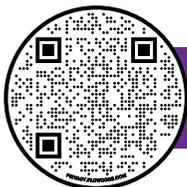
**157,640 MEALS PROVIDED**

to kids in 8 weeks at our Summer Food Program



**540 COMMUNITY MEMBERS**

were engaged at 3 health fairs, where we gave out over \$300 in prizes



Help us continue to grow this work and remain accessible to all.  
Donate securely today at [tristatefamilyymca.org/give](https://tristatefamilyymca.org/give) or scan the QR code.