



ENSURING ACCESS. CREATING IMPACT.

2025 Impact Report

The Y is a place where children gain confidence, families build connection and neighbors find support. From youth development and healthy living to outreach and volunteer service, our impact reaches every corner of the community.

• YOUTH DEVELOPMENT •

Every child deserves the opportunity to grow in confidence, character and ability. Through safe spaces, caring mentors and skill-building programs, young people in our community discovered their potential this year.



110 CHILDREN

received safe, high-quality care through Afterschool and Summer Day Camp



548 YOUTH ATHLETES

built skills and core values in football, soccer and dance



720 CHILDREN

gained life-saving water skills through Safety Around Water and swim lessons

• HEALTHY LIVING •

Healthy communities start with access — to movement, to connection and to support. The Y continues to be a place where individuals of all ages strengthen their bodies, minds and sense of belonging.



2,573 MEMBERS

improved their health in our facilities



708 SENIORS

accessed the Y through SilverSneakers and Renew Active



60 MEMBERS

participated in 2 fitness challenges



25 WEEKLY FITNESS CLASSES

supported active lifestyles



101 RUNNERS & WALKERS

raised **\$2,507** at the Jingle Bell 5K

Monthly Health Series provided free education to the community

• SOCIAL RESPONSIBILITY •

When our community needs support, the Y shows up. Together, we create connection, extend compassion & ensure access for all.



\$30,332 IN SCHOLARSHIPS

made programs accessible to families and seniors



5,647 VOLUNTEER HOURS

strengthened our mission



1,029 COMMUNITY MEMBERS

made memories at our YMCA-run ice rink



PARKINSON'S PATIENTS

accessed free support groups and specialized classes



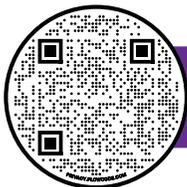
3 BLOOD DRIVES

helped save **372 lives**



82 TOYS

were collected for Toys for Tots



Help us continue to grow this work and remain accessible to all.
Donate securely today at tristatefamilyymca.org/give or scan the QR code.